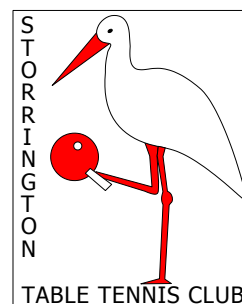


# Storrington Table Tennis Club News Letter Autumn Term 2015



## Autumn Term Session Times/Dates/Fees

For the Autumn Term we will be running our normal sessions.

Playing fees will be as follows:

£3.00 Members **Junior** club sessions.

£4.50 Non-members **Junior** club sessions

£26.00 Members For **Junior** Sessions for the whole of the Autumn term (approximately 11 weeks at £3.00 would be £33). To take advantage of this offer the money would have to be paid by the 17<sup>th</sup> September.

£4.50 Members **Adult** club sessions (Adult sessions do not stop for school holidays, only bank holidays when the leisure centre is closed).

£6.00 Non Members **Adult** club sessions

Details of the membership and Table Tennis England fees can be found on the separate Membership Letter which can be found on the club website

[http://www.storrington-tabletennis.co.uk/Information/2015\\_2016%20Membership%20Letter.pdf](http://www.storrington-tabletennis.co.uk/Information/2015_2016%20Membership%20Letter.pdf)

Session	Day	Session Time	Start Date	End Date
Junior Beginners & Improvers	Thursday	5:00-5:55	10 <sup>th</sup> Sept	22 <sup>nd</sup> Oct
Junior Intermediate & Advanced	Thursday	6:00-6:55	10 <sup>th</sup> Sept	22 <sup>nd</sup> Oct
HALF TERM				
Junior Beginners & Improvers	Thursday	5:00-5:55	5 <sup>th</sup> Nov	26 <sup>th</sup> Nov
Junior Intermediate & Advanced	Thursday	6:00-6:55	5 <sup>th</sup> Nov	26 <sup>th</sup> Nov
Adult	Monday	8:30 – 10:00	7 <sup>th</sup> Sept	7 <sup>th</sup> Dec

The junior club will be taking off the whole of December this is because of Christmas school events which tend to reduce attendance dramatically and Storrington late night Christmas shopping event that we expect to be on the 3<sup>rd</sup> of December.

## Club News

Welcome back to the start of a new season.

The club is hoping to enter at least one team into the Central Horsham League which is run on a Friday night at Colyers College in Horsham. If you are interested in playing in the league can you let the coaches know.

A number of different competitions coming up in Sussex for details see the Sussex Calendar.

<http://www.sctta.org.uk/index.php/sussex-calendar/county-events>

The club is looking to increasing its advertising by producing new professional posters and leaflets so we would like your assistance in putting them up and spreading the word. We also have a presence on Facebook so if you have a Facebook account could you please like our page.



# Table Tennis Information

*(New information will be in italics)*

## **Clothing**

Suitable clothing should consist of a short sleeved shirt and either shorts or a skirt. A track suit is acceptable for training and for keeping warm when active. All clothing should not be too tight which, restricts movement or too loose which, gets in the way of playing strokes. The players' clothing should allow good visibility of the table tennis ball and should therefore not be orange or white. Shoes should provide good grip on the floor and be light, flexible, have good support around the heel and instep. Trainers are not recommended because they have inflexible soles and the heels are too high. This risks damage to a player's ankle. Any shoes that are used have to have non marking soles so as not to damage the hall floor.

The club sells Navy blue Fruit Of The Loom polo shirts with the club logo in the following sizes

- 7-8 (128 cm) £7.50
- 9-11 (140 cm) £7.50
- 12-13 (152cm) £7.50
- 14-15 (164cm) £8.50
- Adult (S 35/37") £12.50
- Adult (M 38/40") £12.50
- Adult (L 41") £12.50
- Adult (XL 44/46") £12.50
- Adult (XXL 47/49") £12.50



## **Equipment**

The club provides table tennis bats etc. for its players to use during sessions. If a player would like their own bats etc. they will be able to purchase them through the club (we hope to get reasonable deals from specialist suppliers). The club would not recommend buying bats from ordinary sports shops without taking specialist advice first. Bats can be expensive and getting the wrong bat/rubbers could make it a waste of money.

## **Sources of Table Tennis information on the Web**

The Table Tennis England official web site.

[www.tabletennisengland.co.uk](http://www.tabletennisengland.co.uk)

The International Table Tennis Federation (this site contains the up to date laws of table tennis)

[www.ittf.com](http://www.ittf.com)

European Table Tennis Union

[www.ettu.org](http://www.ettu.org)

North Sussex Table Tennis (Horsham Table Tennis Central League)

<http://www.northsussextabletennis.com/>

Horsham Table Tennis Club

[www.horshamtabletennisclub.co.uk/](http://www.horshamtabletennisclub.co.uk/)

## **Club Contact Information**

Any messages, queries or questions about the club can be left with Chanctonbury Sport and Leisure centre.

Chanctonbury Sport & Leisure  
Spierbridge Road,  
Storrington,  
Pulborough,  
RH20 4PG  
Telephone number (01903) 746070

Or to Ian Talmadge  
Telephone number: (01903) 745095  
Email : [ian@storrington-tabletennis.co.uk](mailto:ian@storrington-tabletennis.co.uk)  
via our web site [www.storrington-tabletennis.co.uk](http://www.storrington-tabletennis.co.uk)  
or facebook page [www.facebook.com/StorringtonTableTennisClub](https://www.facebook.com/StorringtonTableTennisClub)