# Storrington Table Tennis Club News Letter Autumn Term 2016



### **Autumn Term Session Times/Dates/Fees**

For the Autumn Term we will be running our normal sessions.

Playing fees will be as follows:

£3.00 Members **Junior** club sessions. £4.50 Non-members **Junior** club sessions

£26.00 Members For **Junior** Sessions for the whole of the autumn term (approximately

11 weeks at £3.00 would be £33). To take advantage of this offer the

money would have to be paid by the 15<sup>th</sup> September.

£4.50 Members Adult club sessions (Adult sessions do not stop for school holidays,

only bank holidays when the leisure centre is closed).

£6.00 Non Members Adult club sessions

Details of the membership and Table Tennis England fees can be found on the separate Membership Letter which can be found on the club website

http://www.storrington-

tabletennis.co.uk/Information/2016\_2017%20Membership%20Letter.pdf

Session	Day	Session Time	Start Date	End Date
Junior Beginners & Improvers	Thursday	5:00-5:55	8 <sup>th</sup> Sept	20 <sup>th</sup> Oct
Junior Intermediate & Advanced	Thursday	6:00-6:55	8 <sup>th</sup> Sept	20 <sup>th</sup> Oct
HALF TERM				
Junior Beginners & Improvers	Thursday	5:00-5:55	3 <sup>th</sup> Nov	24 <sup>th</sup> Nov
Junior Intermediate & Advanced	Thursday	6:00-6:55	3 <sup>th</sup> Nov	24 <sup>th</sup> Nov
Adult	Monday	7:30 - 9:00	5 <sup>th</sup> Sept	12 <sup>th</sup> Dec

The junior club will be taking off the whole of December this is because of Christmas school events which tend to reduce attendance dramatically and Storrington late night Christmas shopping event that we expect to be on the 1<sup>st</sup> of December.

#### **Club News**

Welcome back to the start of a new season.

The club is hoping to enter at least one team into the Central Horsham League which is run on a Friday night at The College of Richard Collyer in Horsham. If you are interested in playing in the league can you let the coaches know or contact Keith Anderson who will be managing our league teams!

A number of different competitions coming up in Sussex for details see the Sussex Calendar. http://www.sctta.org.uk/index.php/sussex-calendar/county-events

The club would like your assistance in advertising the club putting up our posters handing out leaflets as well as telling people about the club. We also have a presence on Facebook so if you have a Facebook account could you please like our page.







# **Table Tennis Information**

(New information will be in italics)

## **Clothing**

Suitable clothing should consist of a short sleeved shirt and either shorts or a skirt. A track suit is acceptable for training and for keeping warm when active. All clothing should not be too tight which, restricts movement or too loose which, gets in the way of playing strokes. The players' clothing should allow good visibility of the table tennis ball and should therefore not be orange or white. Shoes should provide good grip on the floor and be light, flexible, have good support around the heel and instep. Trainers are not recommended because they have inflexible soles and the heels are too high. This risks damage to a player's ankle. Any shoes that are used have to have non marking soles so as not to damage the hall floor.

The club sells Navy blue Fruit Of The Loom polo shirts with the club logo in the following sizes

•	7-8 (128 cm)	£7.50
•	9-11 (140 cm)	£7.50
•	12-13 (152cm)	£7.50
•	14-15 (164cm)	£8.50
•	Adult (S 35/37")	£12.50
•	Adult (M 38/40")	£12.50
•	Adult (L 41")	£12.50
•	Adult (XL 44/46")	£12.50
•	Adult (XXL 47/49")	£12.50



#### **Equipment**

The club provides table tennis bats etc. for its players to use during sessions. If a player would like their own bats etc. they will be able to purchase them through the club (we hope to get reasonable deals from specialist suppliers). The club would not recommend buying bats from ordinary sports shops without taking specialist advice first. Bats can be expensive and getting the wrong bat/rubbers could make it a waste of money.

# **Sources of Table Tennis information on the Web**

The Table Tennis England official web site.

www.tabletennisengland.co.uk

The International Table Tennis Federation (this site contains the up to date laws of table tennis) www.ittf.com

**European Table Tennis Union** 

www.ettu.org

Horsham Table Tennis Club

www.horshamtabletennisclub.co.uk/

#### **Club Contact Information**

Any messages, queries or questions about the club can be left with Chanctonbury Sport and Leisure centre.

Chanctonbury Sport & Leisure Spierbridge Road, Storrington, Pulborough, RH20 4PG

Telephone number (01903) 746070

Or to Ian Talmadge

Telephone number: (01903) 745095

Email: <u>ian@storrington-tabletennis.co.uk</u>
via our web site <u>www.storrington-tabletennis.co.uk</u>

or facebook page www.facebook.com/StorringtonTableTennisClub