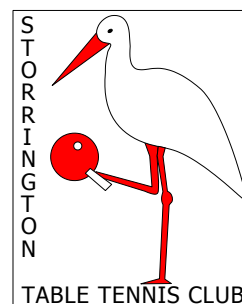


Storrington Table Tennis Club News Letter Autumn Term 2017



Club News

The club were awarded a grant from the West Sussex County Council Small Grants Fund which has allowed us to promote the club via a Storrington wide leaflet drop and to reduce the session fees for the 2017-2018 season (see below). The grant is there to promote "5 Ways to Wellbeing" (Connect, Be Active, Take Notice, Keep Learning & Give) in West Sussex.

The club would also like to thank Emily Talmadge of [SideraArts Photography and Design](#) for as you can see once again designing such a fantastic leaflet for us.

The club is looking to enter a couple of teams in to the Horsham Central League which is played every Friday at the same venue at Collyers 6th Form College in Horsham. You don't have to be a top player to do this as the league will divide into ability levels and you can take it as seriously as you want to. If you are interested in playing contact either Keith Anderson or Ian Talmadge

A number of different competitions coming up in Sussex for details see the Sussex Calendar.
<http://www.sctta.org.uk/index.php/sussex-calendar/county-events>

Autumn Term Session Times/Dates/Fees

For the Autumn Term we will be running our normal sessions.

Playing fees will be as follows:

£2.00 Members **Junior** club sessions.

£3.00 Non-members **Junior** club sessions

£20.00 Members For **Junior** Sessions for the whole of the Autumn term (approximately 12 weeks at £2.00 would be £24). To take advantage of this offer the money would have to be paid by the 21st September.

£3.00 Members **Adult** club sessions

£4.00 Non Members **Adult** club sessions

Details of the membership and Table Tennis England fees can be found on the separate Membership Letter which can be found on the club website

http://www.storrington-tabletennis.co.uk/Information/2017_2018%20Membership%20Letter.pdf

Session	Day	Session Time	Start Date	End Date
Junior Beginners & Improvers	Thursday	5:00-5:55	7 th September	30 th November
Junior Intermediate & Advanced	Thursday	6:00-6:55	7 th September	30 th November
Adult	Monday	7:30 – 9:00	11 th September	11 th December

Note the club will be closed the week of the 23rd of October for both Adult and Junior sessions

Table Tennis Information

(New information will be in italics)

Clothing

Suitable clothing should consist of a short sleeved shirt and either shorts or a skirt. A track suit is acceptable for training and for keeping warm when active. All clothing should not be too tight which, restricts movement or too loose which, gets in the way of playing strokes. The players' clothing should allow good visibility of the table tennis ball and should therefore not be orange or white. Shoes should provide good grip on the floor and be light, flexible, have good support around the heel and instep. Trainers are not recommended because they have inflexible soles and the heels are too high. This risks damage to a player's ankle. Any shoes that are used have to have non marking soles so as not to damage the hall floor.

The club sells Navy blue Fruit Of The Loom polo shirts with the club logo in the following sizes

- 7-8 (128 cm) £7.50
- 9-11 (140 cm) £7.50
- 12-13 (152cm) £7.50
- 14-15 (164cm) £8.50
- Adult (S 35/37") £12.50
- Adult (M 38/40") £12.50
- Adult (L 41") £12.50
- Adult (XL 44/46") £12.50
- Adult (XXL 47/49") £12.50



Equipment

The club provides table tennis bats etc. for its players to use during sessions. If a player would like their own bats etc. they will be able to purchase them through the club (we hope to get reasonable deals from specialist suppliers). The club would not recommend buying bats from ordinary sports shops without taking specialist advice first. Bats can be expensive and getting the wrong bat/rubbers could make it a waste of money.

Sources of Table Tennis information on the Web

The Table Tennis England official web site.

www.tabletennisengland.co.uk

The International Table Tennis Federation (this site contains the up to date laws of table tennis)

www.ittf.com

European Table Tennis Union

www.ettu.org

Horsham Table Tennis Club

www.horshamtabletennisclub.co.uk/

Club Contact Information

Any messages, queries or questions about the club can be left with Chanctonbury Sport and Leisure centre.

Chanctonbury Sport & Leisure
Spierbridge Road,
Storrington,
Pulborough,
RH20 4PG
Telephone number (01903) 746070

Or to Ian Talmadge
Telephone number: (01903) 745095
Email : ian@storrington-tabletennis.co.uk
via our web site www.storrington-tabletennis.co.uk
or facebook page www.facebook.com/StorringtonTableTennisClub