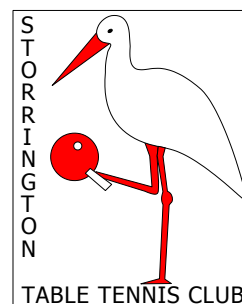


Storrington Table Tennis Club News Letter Autumn Term 2018



Autumn Term Session Times/Dates/Fees

For the Autumn Term we will be running our normal sessions.

Playing fees will be as follows:

£2.00 Members **Junior** club sessions.

£3.00 Non-members **Junior** club sessions

£17.00 Members For **Junior** Sessions for the whole of the Autumn term (approximately 11 weeks at £2.00 would be £22). To take advantage of this offer the money would have to be paid on the 4th October.

£3.00 Members **Adult** club sessions (Adult sessions do not stop for school holidays, only bank holidays when the leisure centre is closed)

£4.00 Non Members **Adult** club sessions

Details of the membership and Table Tennis England fees can be found on the separate Membership Letter which can be found on the club website

[http://www.storrington-](http://www.storrington-tabletennis.co.uk/Information/2018%202019%20Membership%20Letter.pdf)

[tabletennis.co.uk/Information/2018 2019%20Membership%20Letter.pdf](http://www.storrington-tabletennis.co.uk/Information/2018%202019%20Membership%20Letter.pdf)

Session	Day	Session Time	Start Date	End Date
Junior Beginners & Improvers	Thursday	5:00-5:55	6 th September	18 th October
Junior Intermediate & Advanced	Thursday	6:00-6:55	6 th September	18 th October
HALF TERM				
Junior Beginners & Improvers	Thursday	5:00-5:55	1 st November	22 nd November
Junior Intermediate & Advanced	Thursday	6:00-6:55	1 st November	22 nd November
Adult	Monday	7:30 – 9:00	1 st October	3 rd December

Un fortunately Ian Talmadge (our coach) is not available in September and we have no volunteers to cover the set up etc. of the adult session so it will be starting a month later in October. For the Junior sessions in September we have managed to get cover from two Horsham coaches Ian Ford and Steve Denman to whom we are extremely grateful.

Club News

We would like to congratulate Chloe Robinson for being selected to represent Sussex Cadets after having only been playing since September 2017. Well done Chloe for the effort and concentration which has shown real dividends.



Table Tennis Information

(New information will be in italics)

Clothing

Suitable clothing should consist of a short sleeved shirt and either shorts or a skirt. A track suit is acceptable for training and for keeping warm when active. All clothing should not be too tight which, restricts movement or too loose which, gets in the way of playing strokes. The players' clothing should allow good visibility of the table tennis ball and should therefore not be orange or white. Shoes should provide good grip on the floor and be light, flexible, have good support around the heel and instep. Trainers are not recommended because they have inflexible soles and the heels are too high. This risks damage to a player's ankle. Any shoes that are used have to have non marking soles so as not to damage the hall floor.

The club sells Navy blue Fruit Of The Loom polo shirts with the club logo in the following sizes

- 7-8 (128 cm) £7.50
- 9-11 (140 cm) £7.50
- 12-13 (152cm) £7.50
- 14-15 (164cm) £8.50
- Adult (S 35/37") £12.50
- Adult (M 38/40") £12.50
- Adult (L 41") £12.50
- Adult (XL 44/46") £12.50
- Adult (XXL 47/49") £12.50



Equipment

The club provides table tennis bats etc. for its players to use during sessions. If a player would like their own bats etc. they will be able to purchase them through the club (we hope to get reasonable deals from specialist suppliers). The club would not recommend buying bats from ordinary sports shops without taking specialist advice first. Bats can be expensive and getting the wrong bat/rubbers could make it a waste of money.

Sources of Table Tennis information on the Web

The Table Tennis England official web site.

www.tabletennisengland.co.uk

The International Table Tennis Federation (this site contains the up to date laws of table tennis)

www.ittf.com

European Table Tennis Union

www.ettu.org

Horsham Table Tennis Club

www.horshamtabletennisclub.co.uk/

Club Contact Information

Any messages, queries or questions about the club can be left with Chanctonbury Sport and Leisure centre.

Chanctonbury Sport & Leisure
Spierbridge Road,
Storrington,
Pulborough,
RH20 4PG
Telephone number (01903) 746070

Or to Ian Talmadge
Telephone number: (01903) 745095
Email : ian@storrington-tabletennis.co.uk
via our web site www.storrington-tabletennis.co.uk
or Facebook page www.facebook.com/StorringtonTableTennisClub