

Storrington Table Tennis Club News Letter Spring Term 2010



Merry Christmas

I would like to thank all the volunteers that run this club by turning up week after week to help support the coaching, doing the administration and by sitting on the committee. I would also like to wish you all a very Happy Christmas and look forward to seeing you all in the New Year.

Jan Talmadge

Spring Term Session Times/Dates/Fees

For the Spring Term we will be running our normal Thursday sessions.

Playing fees will be as follows:

£3.00 All club sessions both Adult and Junior (Adult sessions do not stop for school holidays)

£29.00 For **Juniors** Thursdays for the whole of the Spring Term (approximately 12 weeks at £3.00 would be £36). To take advantage of this offer the money would have to be paid by the 14th January.

£4:00 Match fee for those playing in the league payable both home and away.

Cheques should be made payable to 'Storrington Table Tennis Club'

Note in addition to the club fees there will be the entrance fee to the leisure centre for non leisure centre members.

Session	Day	Session Time	Start Date	End Date
Junior Beginners & Improvers	Thursday	5:00-5:55	7 th January	11 th February
Junior Intermediate & Advanced	Thursday	6:00-6:55	7 th January	11 th February
HALF TERM				
Junior Beginners & Improvers	Thursday	5:00-5:55	25 th February	1 st April
Junior Intermediate & Advanced	Thursday	6:00-6:55	25 th February	1 st April
Adult	Monday	8:30 – 10:00	4 th January	29 th March

Club News

From the last news letter you will have seen that the club has entered a team into the 4th Division of the Worthing and District's Table Tennis League this year. The team has been doing pretty well with all the members contributing valuable wins. The team has played 10 matches and has won 8, drew 1 and lost 1. The top senior for the team is Pat Manoharan with win rate of 86% and the top junior is Joe Beer with a win rate of 61%. You can follow the progress of the team on league's web site (although it is usually a bit behind in its records). Link is on the reverse of the sheet.

For the juniors the club will be continuing with its program of assessment and attendance rewards in line with the English Table Tennis Butterfly Skills program. Congratulations go to, Alex McIvor, James Owen and Sam Strong for getting their Silver Improver Level award and to Joe Beer and Andrew Strong who achieved their Bronze Advanced Level award.

The club in partnership with the Leisure centre is looking to provide a Table Tennis coach to run sessions as part of the curriculum time for Storrington First School starting after the Spring Half Term we hope this will increase participation in our sport and encourage new members.

Competition Dates

Then next date for the Sussex Table Tennis Alliance community circuit event is scheduled for the 6th of February at Westergate. For further up to date information please see the Sussex Table Tennis Alliance web site :-www.sussextta.co.uk

Congratulations to Tom Chambers for coming second in the East Grinstead Band C event at his first attempt. A well done also goes to Oliver Salkeld who has competed twice in the strong band B section of these events. He has show improvement each time.

Table Tennis Information

(New information will be in italics)

Clothing

Suitable clothing should consist of a short sleeved shirt and either shorts or a skirt. A track suit is acceptable for training and for keeping warm when active. All clothing should not be too tight which, restricts movement or too loose which, gets in the way of playing strokes. The players' clothing should allow good visibility of the table tennis ball and should therefore not be orange or white. Shoes should provide good grip on the floor and be light, flexible, have good support around the heel and instep. Trainers are not recommended because they have inflexible soles and the heels are too high. This risks damage to a player's ankle. Any shoes that are used have to have non marking soles so as not to damage the hall floor.

The club sells Navy blue Fruit Of The Loom polo shirts with the club logo in the following sizes

- 7-8 (128 cm) £7.50
- 9-11 (140 cm) £7.50
- 12-13 (152cm) £7.50
- 14-15 (164cm) £8.50
- Adult (L) £11.50



Equipment

The club provides table tennis bats etc. for its players to use during sessions. If a player would like their own bats etc. they will be able to purchase them through the club (we hope to get reasonable deals from specialist suppliers). The club would not recommend buying bats from ordinary sports shops without taking specialist advice first. Bats can be expensive and getting the wrong bat/rubbers could make it a waste of money.

Sources of Table Tennis information on the Web

The English Table Tennis Association official web site.

www.englishtabletennis.org.uk

The International Table Tennis Federation (this site contains the up to date laws of table tennis)

www.ittf.com

European Table Tennis Union

www.ettu.org

Sussex Table Tennis Alliance

www.sussextta.co.uk

Horsham Table Tennis Club

www.horshamtabletennisclub.co.uk/

Worthing and District Table Tennis League

www.wdtt.co.uk

Club Contact Information

Any messages, queries or questions about the club can be left with Chanctonbury Sport and Leisure centre.

Chanctonbury Sport & Leisure
Spierbridge Road,
Storrington,
Pulborough,
RH20 4PG

Telephone number (01903) 746070

Or to Ian Talmadge

Telephone number: (01903) 745095

Email : ian@storrington-tabletennis.co.uk

Or via our web site

www.storrington-tabletennis.co.uk